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Matthew Wood, herbalist and author of The Book of Herbal Wisdom “ Beautifully

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written, The Secret Teachings of Plants is a work of art--as much a poetical journey into the essence of plants as it is a guidebook on how to use plant medicine in our healing practices. Stephen Buhner is among the plant geniuses of our time.

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~~Stephen Harrod ...~~

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Masanobu Fukuoka, author of *The One Straw Revolution*

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Of the truly great books appearing today, *The Secret Teachings of Plants* is easily the most rewarding I have had the privilege of

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reading., Buhner's writings are a powerful call for people to work together to restore the sacredness of Earth., Science and spirituality blend in an intriguing ecological assessment of what the plant world can teach

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(Tomkins)

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Less well known is that these plant teachings are at the basis of many of the modern discoveries in both medicine and in plant foods. ... The Secret Teachings Of Plants (Book Review) - Duration ...

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The Secret Teachings of Plants: The  
Intelligence of the Heart in the Direct  
Perception of Nature (Paperback or  
Softback) Buhner, Stephen Harrod  
Published by Bear & Company 10/1/2004

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The Secret Teachings of Plants Quotes  
Showing 1-4 of 4 “ Be not discouraged,  
keep on, there are divine things well  
envelop ’ d. I swear to you there are divine

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things more beautiful than words can tell.

~~The Secret Teachings of Plants Quotes by  
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Learn how trees are able to communicate with each other through a vast root system and symbiotic fungi, called mycorrhizae.--Most of the forest lives in the

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Advocates the use of an intuitive cognition in order to discover plants' medicinal and nutritional purposes, including discussions of the scientific model's limits and how,

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once cultivated, it can be applied to disciplines such as medicine.

A concise and professionally-researched summary of Stephen Harrod Buhner's book: "The Secret Teachings of Plants". From Alden Marshall 's Condensed Esoterica series, this complete summary



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provides a fast and straightforward way to understand and study the main ideas and concepts of the original source text. About the Original Book: The Secret Teachings of Plants by Stephen Harrod Buhner is a deep exploration into the teachings of plants and how we can access these teachings from nature through the use of our ancient and

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innate ability of direct perception. Direct perception is a nonlinear mode of perceiving the world, it focuses on perceiving and receiving meaning via the sensory system (physical sensation and well as emotional-feeling sensation within the heart field) and then using the secondary linear mode of the brain (thinking

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perception) to integrate the nonlinear information in different ways. Direct perception (nonlinear/intuitive) allows us to receive communications that encompass the intricate living reality of phenomena in nature which cannot be fully experienced through rational or logical perception. The book is divided into two main sections; the

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Systole and Diastole. The first section being more of linear exploration surrounding the nonlinearity of nature, energy and workings of human perception as well as an analysis of the biological and energetic functioning of the heart. The second section details the ways in which direct perception can be reclaimed and refined in order to connect

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deeply with the natural world (specific plants as well as using this perception for the diagnosis of diseases and application of plant and energetic medicine for healing). Added-value of this summary: \* Save time \*

Understand the key concepts \* Expand your knowledge  
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and not the original book itself. Alden Marshall and the Condensed Esoterica Collection are wholly responsible for this content and are not associated with the original author in any way. You are encouraged to purchase and read the original text in addition to this summary.

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A manual for opening the doors of perception and directly engaging the intelligence of the Natural World • Provides exercises to directly perceive and interact with the complex, living, self-organizing being that is Gaia • Reveals that every life form on Earth is highly intelligent and communicative • Examines the

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ecological function of invasive plants, bacterial resistance to antibiotics, psychotropic plants and fungi, and the human species In *Plant Intelligence and the Imaginal Realm*, Stephen Harrod Buhner reveals that all life forms on Earth possess intelligence, language, a sense of I and not I, and the capacity to dream. He shows that by



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consciously opening the doors of perception, we can reconnect with the living intelligences in Nature as kindred beings, become again wild scientists, nondomesticated explorers of a Gaian world just as Goethe, Barbara McClintock, James Lovelock, and others have done. For as Einstein commented, “ We cannot solve

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the problems facing us by using the same kind of thinking that created them. ”  
Buhner explains how to use analogical thinking and imaginal perception to directly experience the inherent meanings that flow through the world, that are expressed from each living form that surrounds us, and to directly initiate communication in return.

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He delves deeply into the ecological function of invasive plants, bacterial resistance to antibiotics, psychotropic plants and fungi, and, most importantly, the human species itself. He shows that human beings are not a plague on the planet, they have a specific ecological function as important to Gaia as that of plants and

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bacteria. Buhner shows that the capacity for depth connection and meaning-filled communication with the living world is inherent in every human being. It is as natural as breathing, as the beating of our own hearts, as our own desire for intimacy and love. We can change how we think and in so doing begin to address the difficulties

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Explore the inner world of plants and its fascinating relation to mankind, as uncovered by the latest discoveries of science. A perennial bestseller. In this truly revolutionary and beloved work, drawn from remarkable research, Peter Tompkins

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and Christopher Bird cast light on the rich psychic universe of plants. Now available in a new edition, *The Secret Life of Plants* explores plants' response to human care and nurturing, their ability to communicate with man, plants' surprising reaction to music, their lie-detection abilities, their creative powers, and much more. Tompkins and

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Bird's classic book affirms the depth of humanity's relationship with nature and adds special urgency to the cause of protecting the environment that nourishes us.

The historical use of plants by indigenous peoples is explored, and how this connects

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to universal experiences of the sacred in everyday life.

"Enraged, Energized, Exultant. You won't know how to feel after reading Stephen Harrod Buhner's *The Lost Language of Plants*. This is a devastating expose about how we are polluting our environment with



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the pharmaceuticals that Western medicine has developed to heal us. We are ingesting Prozac, Premarin, and antibiotics whether we want to or not." "Yet, as we foul air and water with toxic residues, we overlook the power of the planet's natural healers, stabilizers, and chemists - plants. Buhner sees plants as fully sentient beings, adjusting

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and fine-tuning to the environment just as they have done for the past 500 million years. Until recently, humans shared the language of plants, but increasingly we have lost our ability to communicate with the natural world. Buhner shows us a path back to our shamanic roots."--BOOK JACKET.

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As a botanist, Robin Wall Kimmerer has been trained to ask questions of nature with the tools of science. As a member of the Citizen Potawatomi Nation, she embraces the notion that plants and animals are our oldest teachers. In *Braiding Sweetgrass*, Kimmerer brings these two lenses of knowledge together to take us on “ a

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journey that is every bit as mythic as it is scientific, as sacred as it is historical, as clever as it is wise ” (Elizabeth Gilbert). Drawing on her life as an indigenous scientist, and as a woman, Kimmerer shows how other living beings—asters and goldenrod, strawberries and squash, salamanders, algae, and sweetgrass—offer us gifts and lessons, even if

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we've forgotten how to hear their voices. In reflections that range from the creation of Turtle Island to the forces that threaten its flourishing today, she circles toward a central argument: that the awakening of ecological consciousness requires the acknowledgment and celebration of our reciprocal relationship with the rest of the

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living world. For only when we can hear the languages of other beings will we be capable of understanding the generosity of the earth, and learn to give our own gifts in return.

Who would imagine that plants can become master teachers of a radical new way of seeing and interacting with the world? Plants

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are dynamic and resilient, living in intimate connection with their environment. This book presents an organic way of knowing modeled after the way plants live. When we slow down, turn our attention to plants, study them carefully, and consciously internalize the way they live, a transformation begins. Our thinking

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becomes more fluid and dynamic; we realize how we are embedded in the world; we become sensitive and responsive to the contexts we meet; and we learn to thrive within a changing world. These are the qualities our culture needs in order to develop a more sustainable, life-supporting relation to our environment. While it is easy



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to talk about new paradigms and to critique our current state of affairs, it is not so easy to move beyond the status quo. That 's why this book is crafted as a practical guide to developing a life-infused way of interacting with the world.

The first in-depth examination of the sacred

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underpinnings of the world of Native American medicinal herbalism • Reveals how shamans and healers “ talk ” with plants to discover their medicinal properties

- Includes the prayers and medicine songs associated with each of the plants examined
- By the author of The Secret Teachings of Plants As humans evolved on Earth they

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used plants for everything imaginable--food, weapons, baskets, clothes, shelter, and medicine. Indigenous peoples the world over have been able to gather knowledge of plant uses by communicating directly with plants and honoring the sacred relationship between themselves and the plant world. In Sacred Plant Medicine Stephen Harrod

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Buhner looks at the long-standing relationship between indigenous peoples and plants and examines the techniques and states of mind these cultures use to communicate with the plant world. He explores the sacred dimension of plant and human interactions and the territory where plants are an expression of Spirit. For each

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healing plant described in the book, Buhner presents medicinal uses, preparatory guidelines, and ceremonial elements such as prayers and medicine songs associated with its use.

A hands-on approach to working with the healing powers of plant spirits • Explores

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the scientific basis underlying the practices of indigenous healers and shamans •  
Illuminates the matrix where plant intelligence and human intelligence join •  
Reveals that partnering with plants is an evolutionary imperative Indigenous healers and shamans have known since antiquity that plants possess a spirit essence that can

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communicate through light, sound, and vibration. Now scientific studies are verifying this understanding. Plant Spirit Healing reveals the power of plant spirits to join with human intelligence to bring about profound healing. These spirits take us beyond mere symptomatic treatment to aligning us with the vast web of nature.

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Plants are more than their chemical constituents. They are intelligent beings that have the capacity to raise consciousness to a level where true healing can take place. In this book, herbalist Pam Montgomery offers an understanding of the origins of disease and the therapeutic use of plant spirits to bring balance and healing. She offers a



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process engaging heart, soul, and spirit that she calls the triple spiral path. In our modern existence, we are increasingly challenged with broken hearts, souls in exile, and malnourished spirits. By working through the heart, we connect with the soul and gain access to spirit. She explains that the evolution of plants has always preceded their

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animal counterparts and that plant spirits offer a guide to our spiritual evolution--a stage of growth imperative not only for the healing of humans but also the healing of the earth.

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