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**Bill Burnett, Dave Evans | Book Review**

Designing Your Work Life

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Designing Your Life with Bill Burnett and Dave Evans **The Designing Your Life Workbook** #1 New York Times Bestseller An inspiring and thought-provoking graduation gift: At last, a book that shows you how to build--design--a life you can thrive in, at any age or stage Designers create worlds and solve problems using design thinking. Look around your office or home--at the tablet or smartphone you may be holding or the chair you are sitting in. Everything in our lives was designed by someone.

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I found Designing Your Life, to focus more on designing one's career, with patterns that could be applicable to one's personal life. The book teaches you how to think more like a designer with an emphasis on prototyping and iteration. The core mind-sets to learn are curiosity, bias to action, reframing, awareness and radical collaboration.

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skills; define your goals; and track your progress.

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If you've ever wanted to lose your uninspired nine-to-five routine and create something meaningful, Designing Your Life (2016) is your handbook for making your dream a reality. Through the helpful combination of career advice and practical exercises, Burnette and Evans provide a step-by-step, no-nonsense roadmap for tackling the often tricky topic of crafting the life you really want to lead.

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Designing Your Life: How to Build a Well-Lived, Joyful Life is a book by Bill Burnett and Dave Evans that aims to help readers

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organize themselves through journaling and design thinking. The New York Times best-selling book was published in 2016 by Knopf Doubleday Publishing Group and utilizes a series of exercises throughout its eleven chapters in order to provide others with a sense of structure in their lives. These creative and thought provoking exercises allow the reader to reflect on their

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At last, a book that shows you how to build—design—a life you can thrive in, at any age or stage Designers create worlds and solve problems using design thinking. Look around your office or home—at the tablet or smartphone you may be holding or the chair you are sitting in. Everything in our lives was designed by someone.

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